

April 2008

National Child Abuse Prevention Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
6 Call the Yavapai Family Advocacy Center to find out more about preventing child abuse. 928.775.0669	7 Take a break. A healthy you equals a healthy parent.	1 STOP YELLING!	2 Wear a blue ribbon (the symbol of child abuse prevention).	3 Control the amount of sex and violence your children watch on TV.	4 Host a Party for Prevention. Call Prevent Child Abuse Arizona at 928.445.5038 for more info.	5 Have a picnic in the park.
13 Ask a frazzled parent if they are OK and if they need a break.	14 Talk to parents about the dangers and lasting effects of child abuse.	8 Give everyone in your family a BIG hug today.	9 Drop in at your child's daycare or sports practice unannounced.	10 Monitor your child's internet use. Talk to them about internet dangers.	11 Compliment and encourage a child today.	12 Visit these websites: www.pcaaz.org www.darkness2light.org www.stopitnow.org
20 Tell your children that you love them EVERY DAY!	21 Teach your children good boundaries especially when it comes to their bodies.	15 Learn non-violent ways to discipline.	16 Set aside what you're doing and really listen to your child when they talk to you.	17 Learn more about sexual abuse. What you don't know can hurt you.	18 Babysit free for a parent who needs a break.	19 Cartoons made for children can be very violent. Monitor what your kids watch.
27 Ask your child: "What was the best/worst part of your day?"	28 Over 90% of child molesters are people the victim knows and trusts.	22 Teach your children to say "no" to an adult who makes them feel uncomfortable.	23 Visit this website: www.nca-online.org	24 Eat dinner together as a family every night.	25 Make it a family movie night!	26 Go for a family bike ride!
	29 Visit our website: www.yfac.org	30 Child abuse awareness does not end today. Continue your work all year long!			www.yfac.org www.pcaaz.org	P. O. Box 26495 Prescott Valley, AZ 86314 928.775.0669 928.759.0474 fax